

## LWW Health Library: Exercise Science and ACSM Certification Suite

## Why LWW Health Library?

LWW Health Library delivers trusted health science education and clinical content directly to students, faculty, and staff through a single portal—providing interactive online access to essential texts, images, real-life case studies, and quiz banks specifically tailored for the specialty. These resources are a must-have for related educational programs—ensuring you have the resources you need to effectively support your students' foundational learning and clinical practice.

# Essential Educational and Clinical Content for Exercise Science Training



#### Key Features of LWW Health Library

A single portal to foundational and basic sciences resources, as well as rich multimedia ancillaries for teaching, learning, and practice

- Ovid® Insights Widget associated with each chapter of every text that automatically curates relevant journal content
- Personal accounts offered to institutional users that allow for out of IP range access for up to 30 days and the ability to print/ download/save chapters
- New editions continuously added in tandem with print publication
- Online self-assessment to further enhance student's exam preparation
- Ability to search or browse content across both collections
- All content optimized for desktop, tablet, and mobile usage

### Two collections available!

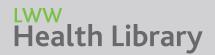
Both collections feature key titles—including many from the American College of Sports Medicine®—in an easy-to-search and browse experience.

#### **LWW Health Library Exercise Science Collection:**

- LWW's leading Exercise Science content, including ACSM titles, offered in one digital product with sophisticated semantic search and user-friendly navigation
- Over 3,600 images, downloadable as PowerPoint slides
- Over 2,400 multiple-choice questions with explanations and chapterlevel remediation
- 100 videos demonstrating important techniques
- Instructor PowerPoints, lab manuals, and worksheets to supplement comprehension

#### **LWW Health Library ACSM Certification Suite:**

- Focused collection, intended to support students who will sit for an ACSM certification exam
- Over 1,200 images, downloadable as PowerPoint slides
- Over 1,600 multiple-choice questions with explanations and chapterlevel remediation
- 180 videos demonstrating important techniques
- Case studies and forms to familiarize students with working with clients in their professional careers





# LWW Health Library: Exercise Science and ACSM Certification Suite

#### **Exercise Science**

Accessible through LWWHealthLibrary.com, this collection of 18 must-have references focuses on areas of theoretical knowledge—such as exercise physiology, biomechanics, sports psychology, and motor control—that all students enrolled in the Exercise Science undergraduate programs must master.

- Exercise Physiology: Integrating Theory and Application, 2nd Edition
   William J. Kraemer, Steven J. Fleck, and Michael R. Deschenes
- Biomechanical Basis of Human Movement, 4th Edition
   Joseph Hamill, Kathleen M. Knutzen, and Timothy R. Derrick
- Motor Behavior: Connecting Mind and Body for Optimal Performance, 2nd Edition Jeffrey C. Ives
- Exercise Physiology: For Health, Fitness, and Performance, 5th Edition
   Sharon A. Plowman and Denise L. Smith
- Therapeutic Exercise: Moving Toward Function, 4th Edition
   Lori Thein Brody and Carrie M. Hall
- Research Methods: A Framework for Evidence-Based Clinical Practice
   Wendy L. Hurley, Craig R. Denegar, and Jay Hertel

- Taping and Wrapping Made Simple Brad A. Abell
- Stretching for Functional Flexibility
   Phil Armiger and Michael A. Martyn
- Lifelong Motor Development, 7th Edition
   Carl P. Gabbard
- ACSM's Research Methods
   Lawrence E. Armstrong and William J.
   Kraemer
- ACSM's Introduction To Exercise Science, 3rd Edition
   Jeffrey A. Potteiger
- ACSM's Advanced Exercise Physiology, 2nd Edition
   Peter A. Farrell, Michael J. Joyner, and Vincent J. Caiozzo
- ACSM's Foundations of Strength Training and Conditioning
   Nicholas Ratamess, Jr

- ACSM's Behavioral Aspects of Physical Activity and Exercise Claudio R. Nigg
- ACSM's Career and Business Guide for the Fitness Professional Neal I. Pire
- ACSM's Exercise for Older Adults
  Wojtek J. Chodzko-Zajko
- ACSM's Exercise Testing and Prescription
   Madeline Paternostro Bayles and Ann M. Swank
- ACSM's Health-Related Physical Fitness Assessment Manual, 5th Edition Gary Liguori

#### **ACSM Certification Suite**

This comprehensive selection of seven authoritative books offers targeted content chosen specifically to support the comprehension and preparation for taking the ACSM Certification examination.

- ACSM's Health-Related Physical Fitness Assessment Manual, 5th Edition
   Gary Liguori
- ACSM's Resources for the Personal Trainer, 5th Edition
   Rebecca A. Battista, Mindy Mayol, Trent Hargens, and Kenneth
   Lee Everett
- ACSM's Resources for the Exercise Physiologist: A Practical Guide for the Health Fitness Professional, 2nd Edition
   Peter Magyari, Randi Lite, Marcus W. Kilpatrick, and James E. Schoffstall
- ACSM's Certification Review, 5th Edition
   James R. Churilla, Andrew Bosak, Brittany Montes, and Paul Sorace
- ACSM's Sports Medicine: A Comprehensive Review
   Francis G. O'Connor, Douglas J. Casa, Brian A. Davis, Patrick St. Pierre, Robert E. Sallis, and Robert P. Wilder
- ACSM's Resources for the Group Exercise Instructor Grace DeSimone
- ACSM's Exercise Testing and Prescription
   Madeline Paternostro Bayles and Ann M. Swank

Purchase the collections individually or in a cost-effective package!

#### **REQUEST YOUR FREE TRIAL TODAY!**

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